

HOME SCIENCE

- I.C.D.S. does not include the following :
 - immunization
 - safe drinking water
 - growth monitoring
 - training for child care
- In making Jam the ratio of following is important :
 - sugar and pectin
 - water and pectin
 - fruit and pectin
 - sugar and water
- National Goitre Control Programme was launched in
 - 1976
 - 1962
 - 1982
 - 2010
- Big tablets distributed under National Anaemia Control Programme contains :
 - 600 mg iron and 500 μ g folic acid
 - 500 mg folic acid
 - 600 μ g iron
 - 200 mg iron and 200 μ g folic acid
- In India under which of the following programmes, supplementary food is given ?
 - I.C.D.S. and W.H.O.
 - I.C.D.S. and UNICEF
 - I.C.D.S. and Mid Day Meal Programme
 - UNICEF and Mid day meal programme
- Fortification of salt for iodine is done by adding the following :
 - Free iodine
 - Potassium iodate
 - Iodine sulphate
 - Iodine phosphate
- On an average a lactating woman produces milk per day approximately :
 - 400 ml
 - 1.2 litre
 - 500 ml
 - 850 ml
- Which of the following contains lowest amount of saturated fatty acids ?
 - Coconut oil
 - Mustard oil
 - Palm oil
 - Groundnut oil
- Which of the following is the earliest symptom of vitamin A deficiency ?
 - Xerophthalmia
 - Keratomalacia
 - Night Blindness
 - Osteomalacia
- Which of the following nutrients help in iron absorption ?
 - Vitamin A
 - Vitamin C
 - Folic acid
 - Amino acid

11. Pancreatic juice does not contain the following :
- (a) Pepsin (b) Lipase
(c) Amylase (d) Trypsin
12. Pasteurization is done primarily to
- (a) Kill all the micro-organisms. (b) Kill pathogenic micro-organism.
(c) Inactivate enzymes (d) Remove impurities
13. Vitamin which easily get destroyed is :
- (a) Vitamin C (b) Vitamin A
(c) Vitamin E (d) Vitamin K
14. Preservative used in tomato sauce is :
- (a) Acetic acid (b) Sodium Benzoate
(c) Sodium chloride (d) Sugar
15. Which one of the following is natural sweetener ?
- (a) Aspartame (b) Stevia
(c) Saccharine (d) All of the above
16. Which of the followings will require maximum amount of energy per day ?
- (a) Teacher (b) Clerk
(c) Stone Cutter (d) House Wife
17. Recommended dietary allowance of iron for lactating women is
- (a) 35 mg / day (b) 25 mg / day
(c) 17 mg / day (d) 20 mg / day
18. Nutrition security does not include the following dimensions :
- (a) Availability (b) Access
(c) Absorption (d) Income
19. Deficiency and excess of nutrients in the body is referred as
- (a) overnutrition (b) undernutrition
(c) malnutrition (d) disease
20. Protein content in pulses ranges from
- (a) 10 to 15% (b) 20 to 25%
(c) 25 to 40% (d) 5 to 10%
21. Which are the protective foods based on their functions ?
- (a) Green leafy vegetables (b) Wheat
(c) Rice (d) Finger millet

22. Bacteria which converts milk into curd is
(a) E. coli (b) Lactobacillus
(c) Rhizobium (d) Clostridium
23. Mandrain is a type of
(a) Collar (b) Cuff
(c) Sleeve (d) Yoke
24. A decorative work consisting of multiple rows of gathering in a fabric/garment is known as
(a) Pleats (b) Puff
(c) Shirring (d) Ruffle
25. While taking human body measurements, both the arms extended will be equal to
(a) Four head (b) Six head
(c) Eight head (d) None of the above
26. _____ is the process by which decisions that directly or indirectly involve two or more family members are made.
(a) Group Decision (b) Consumer decision making
(c) Family decision making (d) Joint decision making
27. Embroidery which is done by counting threads is known as
(a) Kantha (b) Manipuri
(c) Kashmiri (d) Kasuti
28. Which among the following is a fabric which falls very close to the figure ?
(a) Cotton (b) Rayon
(c) Organza (d) Organdy
29. A good label provides information related to
(a) Fibre content of the fabric (b) Kind of finish applied
(c) Cleaning and washing methods (d) All of the above
30. The colour called in Kashmiri as zard, it means
(a) Yellow (b) Green
(c) Blue (d) Black
31. To whom National film award for best costume design in the film "Cycle" 2017 was given ?
(a) Dolly Ahluwalia (b) Payal Saluja
(c) Sachin Lovalekar (d) None of the above

32. „Skill India“ scheme was launched on
(a) 15th July, 2014 (b) 15th July, 2015
(c) 15th July, 2016 (d) 15th June, 2017
33. General factors affecting orientation of house are
(a) cycle of sun rotation (b) direction of wind and rain speed
(c) status of site (d) All of the above
34. Which fibre among the following is not hydrophilic ?
(a) Wool (b) Acetate
(c) Rayon (d) Cotton
35. Cohesiveness property of textile fibres is important for the following process :
(a) Spinning (b) Weaving
(c) Knitting (d) None of the above
36. Tafetta is the example of
(a) Satin weave fabric (b) Sateen weave fabric
(c) Twill weave fabric (d) Plain weave fabric
37. Baluchar saris belong to which state ?
(a) Madhya Pradesh (b) Murshidabad
(c) Karnataka (d) Uttar Pradesh
38. „Quilted textiles“ are an example of following fabric construction method :
(a) Non-wovens (b) Knit-sew
(c) Multi-components (d) None of the above
39. The production of cultivated silk is known as :
(a) Pisciculture (b) Silviculture
(c) Sericulture (d) None of the above
40. Sulphur dyes are suitable for
(a) silk (b) cotton
(c) nylon (d) wool
41. Indigo is a well known example of which types of dye ?
(a) Acid dye (b) sulphur dye
(c) vat dye (d) direct dye
42. Wool fibres interlock and contract when exposed to heat, moisture and pressure is known as
(a) Ginning (b) Felting
(c) Worsted (d) Retting

43. Among the following textile fibres, the lowest specific gravity is of
(a) Cotton (b) Modacrylic
(c) Wool (d) Olifin
44. Among the following which is flame resistant fabric ?
(a) Lyocell (b) Spandex
(c) Nomex (d) None of the above
45. Personality theory proposed by G.W. Allport is known as
(a) Trait theory (b) Type theory
(c) Social learning theory (d) Behavioural learning theory
46. Sixteen Personality Factors inventory (16 PF) was developed by
(a) Freud (b) Eysenck
(c) Cattell (d) Kinley
47. The psychologist who has made significant contribution in the field of cognitive development is
(a) Jean Piaget (b) Sigmund Freud
(c) Erikson (d) Pavlov
48. Left or right handedness in children depends on
(a) Environment (b) Learning
(c) Preference of the child (d) Cerebral dominance
49. The concept of basic education was given by
(a) Aurobindo Ghosh (b) Mahatma Gandhi
(c) Tagore (d) Frobel
50. The concept of collective consciousness was given by
(a) Freud (b) Erikson
(c) Kohlberg (d) Jung
51. The first bond that forms between infant and mother is
(a) Co-operative (b) Attachment
(c) Aggression (d) Emotion
52. Which is the best method to study children's behaviour ?
(a) Observation (b) Experimental
(c) Psychoanalytical (d) Interview

53. Aspect refers to
(a) interior placement of doors (b) exterior elevation
(c) essential elevation (d) all of the above
54. Number of temporary teeth is
(a) 20 (b) 22
(c) 30 (d) 24
55. A constant, persistent and specific way of behaving is known as
(a) Behaviour (b) Trait
(c) Habit (d) Character
56. An intrinsic value is important for
(a) oneself only (b) all
(c) attaining other values (d) attaining satisfaction
57. Two major techniques of work simplification are
(a) formal and informal (b) pathway and process chart
(c) fixed and flexible (d) none of the above
58. The height of the work surface for precision work should be
(a) above elbow height (b) below elbow height
(c) at the elbow height (d) none of the above
59. In a pressure cooker food is cooked at
(a) 127 °C (b) 125 °C
(c) 121 °C (d) 105 °C
60. Which of the following is a household factor that influences purchase and consumption behaviour ?
(a) Structure of household unit (b) Stage of the household life cycle
(c) Household decision process (d) All of the above
61. Family resource management includes all of the following concepts, except :
(a) interdependency of individual
(b) dynamic environment
(c) an understanding of world monetary exchange system
(d) an efforts to meet the basic needs of those in the family
62. Financial recovery stands when
(a) children leave home (b) when children are established
(c) bread winner leaves his/her occupation (d) none of the above

63. Canned Food Law came into force with effect from
 (a) 1965 (b) 1955
 (c) 1960 (d) 1970
64. World Consumer Rights Day is celebrated every year on
 (a) 16th April (b) 22nd November
 (c) 1st May (d) 15th March
65. Which one of the following is not a step of management ?
 (a) Planning (b) Controlling
 (c) Functionary (d) Evaluation
66. The name of the colour is called as
 (a) Hue (b) Intensity
 (c) Value (d) None of the above
67. Which of the following is not a type of simple random sampling ?
 (a) Lottery method (b) Tippet random number
 (c) Cluster sampling (d) Rotating drum method
68. Research in which the independent variable has already occurred and researcher starts with observation of independent or dependent variable is
 (a) Experimental Research (b) Historical Research
 (c) Descriptive Research (d) Ex-post Facto Research
69. The process in which coded material is arranged into two or more groups is known as
 (a) Analysis (b) Tabulation
 (c) Classification (d) Coding
70. The way of mode of collecting data is known as :
 (a) Tool (b) Method
 (c) Technique (d) Observation
71. A research report is a formal statement
 of
 (a) Research process (b) Research problem
 (c) Data collection (d) Data editing
72. The extent to which scores differ from one another is known as
 (a) Variable (b) Variability
 (c) Validity (d) Variance

73. Data which is collected face to face or over the telephone by the person is known as
 (a) Interview (b) Observation
 (c) Field experiment (d) All of the above
74. The most important characteristics of a standardized test are
 (a) Objectivity and Reliability (b) Reliability and Usability
 (c) Reliability and Validity (d) Practicability and Usability
75. Arrange the correct sequence of steps in Research.
 (i) Review of literature (ii) Objectives
 (iii) Rationale (iv) Methodology
 (v) Interpretation (vi) Results
 (a) (ii) (iii) (iv) (i) (vi) (v) (b) (iii) (ii) (i) (iv) (vi) (v)
 (c) (i) (iii) (ii) (iv) (v) (vi) (d) (ii) (i) (iv) (iii) (v) (vi)
76. Which of the following is not a method of data collection ?
 (a) Questionnaire (b) Sociometry
 (c) Chi-square test (d) Psychological test
77. Another name of epidioscope is
 (a) slide projector (b) opaque projector
 (c) overhead projector (d) movie projector
78. In which year Press Trust of India was established ?
 (a) 1947 (b) 1948
 (c) 1956 (d) 1952
79. Who has given SMCRE model of communication process ?
 (a) Dhama (b) Ranjit Singh
 (c) Leagan (d) None of the above
80. How many elements of communication are there in Kenneth Bruke model ?
 (a) 3 (b) 6
 (c) 5 (d) 7
81. In which year I.C.A.R. was established in Pusa, Bihar ?
 (a) 1908 (b) 1928
 (c) 1930 (d) 1957
82. Who is the Chairman of NITI Aayog ?
 (a) President (b) Governor
 (c) Finance Minister (d) Prime – Minister

83. On which date International Women's Day is celebrated every year ?
- (a) 14th February (b) 8th March
(c) 2nd October (d) 14th November
84. ITK stands for
- (a) Indigenous Technology Knowledge (b) Indian Telephonic Knowledge
(c) Integrated Technology Knowledge (d) Integrated Trip Kind
85. Which one of the following is the characteristics of a Self Help Group ?
- (a) Engaged in entrepreneurial activity (b) Work in cohesion
(c) Micro credit is involved. (d) All of the above
86. Opinion leaders are also known as
- (a) Key communicator (b) Representative
(c) Cosmopolite leader (d) both (a) and (b)
87. The difference between education and training is mainly on account of the
- (a) Knowledge (b) Skill
(c) Attitude (d) All of the above
88. The event in PERT diagram is represented by
- (a) Node (b) Dotted line
(c) Circle (d) Bold line
89. Monitoring must be
- (a) Flexible (b) Action oriented
(c) Cost effective (d) All of the above
90. Which of the following is not a method of group contact ?
- (a) Demonstration (b) Lecture
(c) Farm and Home visit (d) Discussion
91. Which method should be used for importing training on "Fruit Preservation" in a village
- (a) Result demonstration (b) Method demonstration
(c) Campaign (d) None of the above
92. The term extension education was first coined by
- (a) U.S.A. (b) U.K.
(c) Canada (d) France

93. Who heads the village panchayat ?
- (a) Village level worker (b) Block development officer
(c) Sarpanch (d) Commissioner
94. The impact of „Green Revolution“ was largely noted in
- (a) Rice and Wheat (b) Rice only
(c) Wheat only (d) Rice, Wheat and Pulses
95. Receiver of information in communication process is also known as
- (a) Communicator (b) Decoder
(c) Encoder (d) Translator
96. Communication between two people is known as
- (a) Interpersonal communication (b) Intrapersonal communication
(c) Public communication (d) None of the above
97. The greater the match between work capabilities and task demands
- (a) The greater the chance of injury to worker.
(b) The lower the chance of injury to worker.
(c) Has no impact on chance of any injury worker.
(d) The greater the chance of being exposed to high risk jobs
98. Doordarshan was started in India in the year
- (a) 15th September, 1922 (b) 25th September, 1922
(c) 15th September, 1959 (d) 25th September, 1956
99. Main qualities of communicator are :
- (a) Knowledge of the subject (b) Interest
(c) Good conduct (d) All of the above
100. Exhibition is used under which approach ?
- (a) Individual approach (b) Group approach
(c) Mass approach (d) None of the above